



Salzkammergut MountainLakes Trail

Tour IV - Ausseerland with Tauplitzalm and rest day



+ PLEASURE: PESTO DELICAY AT KOHLRÖSERL HUT / ÖDENSEE



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The defining feature of the Salzkammergut has always been the visual drama between the countless small and large lakes nestling in the abruptly rising mountains of the Northern Alps. The long distance trail links these hotspots in a never seen before, comprehensive way. Discover lush Alpine meadows, fairy-tale forests and invigorating waters in a cultural landscape of outstanding authenticity.

The course of your hiking tour:

Day 1: Individual arrival in Bad Aussee.

You will receive your travel documents at your accommodation

Overnight stay in Bad Aussee

Day 2: Bad Aussee – Steinitzenalm – Bad Mitterndorf

~ 20 km, 6-7 hrs, difference in altitude ascent 470 m / descent 350 m

The first part of the tour follows the Kainischtraun river toward Lake Ödensee. At the lake you will find the Kohlröserl hut where you will try a home made pesto. The Kohlröserl hut also called Genuss am See invites you to take a short break. Your delicious discovery is Mayer's pesto of your choice (except truffles) with bread. Our tip: take a home-made pesto with you – Ausseerland to go! Continue via the limestone springs "Strumern" to the Steinitzenalm and descent to the spa village of Bad Mitterndorf.

Overnight stay in Bad Mitterndorf

Day 3: Free day in Bad Mitterndorf

Choose from several activities, suggestions include: challenging mountain hike, wellness at the local spa "Grimmingtherme", canoeing on Lake Salzastausee, cycling tour with rental bikes or visiting the UNESCO World Heritage village Hallstatt

Overnight stay in Bad Mitterndorf

Day 4: Bad Mitterndorf - Tauplitzalm

~ 16 km, 5-6 hrs, difference in altitude ascent 870 m / descent 50 m

The first part of the tour leads past the ski jump arena Kulm to Tauplitz. Here you can choose to ascent the Tauplitz plateau by bus or via chair lift (only in fair weather). Otherwise you follow the winding walking trail to the Transgwenghütte.

Overnight stay at Tauplitzalm

Day 5: Free day at Tauplitzalm

The Tauplitzalm is a true walker's paradise and one of the most beautiful lake plateaus in Europe. Choose from numerous walking trails ranging from introductory to challenging.

Overnight stay at Tauplitzalm

Day 6: Tauplitzalm - Grundlsee

~ 18 km, 5-6 hrs, difference in altitude ascent 318 / descent 1194 m

Today you descent to Lake Grundlsee. The lake is especially popular with surfers and sailors which you can observe while following the lakeside trail to the village Grundlsee.

Overnight stay in Grundlsee

Day 7: Free day at Lake Grundlsee

To start the day we highly recommend enjoying an extended, leisurely breakfast on the lake-view terrace. Especially rewarding day tours can be done to the neighbouring lakes (Toplitz- and Kammersee, Altausseeersee) either on foot or with a rental bike.

Overnight stay in Grundlsee

Day 8: day of departure

Bus ride back to Bad Aussee (to be paid on spot). Individual departure or additional nights



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GENERAL INFORMATION:

Daily stages are introductory to moderately difficult, hiking distances can be adjusted easily by public transport. A reasonable fitness level and basic hiking equipment like good hiking shoes, rucksack, rain and sun protection, functional clothing and also a warmer jacket or pullover are necessary to enjoy your trip.

Arrangement

- 7x** Overnight stay with breakfast in ***inns (3x) and hotels (2x ****, 2x ***superior)
- 1x** welcome video with explanations and information that you need for the tour
- 1x** Mayer's Pesto incl. bread at Kohlröserlhütte/Ödensee
- 1x** S-Trail hiking booklet (1x per room)
- 1x** Hiking map of the Salzkammergut area + detailed routing (1x per room)
- 1x** Salzkammergut Adventure Card – Reductions on 120 attractions in the region
- 3x** luggage transfer - max. 2 pcs./person and max. 25 kg/piece of luggage
- +** A tree for your booking – we plant a tree for your booking
- +** Service hotline daily from 8.00 am - 06.00 pm (also on weekends)

Rates per person and arrangement in €:

	01.06. – 01.07.25 01.09. – 01.10.25	01.07. – 01.09.25
*** + **** hotels in double room with breakfast	959,00	1023,00
Supplement 5 x half board (minimum 2 course dinner) Mondi Grundlsee is not included – only á la carte, to be paid on spot	159,00	159,00
Supplement for single room	326,00	326,00
Day of arrival	daily	daily

The local tax, also known as visitor's tax, is payable locally to the landlord; the amount depends on the resort and is between 1,00€ and 4,00€ per person per night. Children up to the age of 15 are usually exempt.

Discounts for children sharing parents' room (2 full-paying adults, maximum 2 children):

0 - 5 years: 100%

6 - 14 years: 30%

Dogs are welcome - on request. Extra charge on site. In Austria there is a general leash and muzzle obligation!

Information for arrivals by car:

The parking place does not always situate next to the accommodation but on a public parking place.
(Possibly costs have to be paid on spot)

The standard terms and conditions of the Salzkammergut Touristik GmbH apply in the current version.

Rates and operating hours / timetables are subject to change

Our recommendations:

Get a travel cancellation insurance.

Informations



For environmental reasons, we recommend arriving and departing by public transport (train/bus). We are happy to help you organise your train journey within Austria. Talk to us!

"A tree for your booking" - Cooperation project with Austrian Federal Forests

For every bike or hiking tour in the region booked with us, a tree is planted in the Weißenbach valley - near Bad Ischl. With this campaign we want to generate awareness for climate-friendly travel and take responsibility for a world worth living in.



Salzkammergut BergeSeen Trail

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Level of difficulty

Daily stages with up to 900 metres of ascent - Ø 4-10 hours walking time - medium to difficult terrain: Trails with major obstacles.

