

# Salzkammer Trail

## Through the UNESCO World Heritage region Dachstein-Hallstatt / Salzkammergut

- ✓ WITH LUGGAGE TRANSFER
- ✓ OVERNIGHT IN 4 X \*\*\* HOTELS/INNS
- ✓ START ON ARRIVAL POSSIBLE EVERY DAY



© Edwin Husic



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"Hiking is the most perfect way to get around if you want to discover real life. It's the road to freedom."

**Elisabeth von Arnim, British-German writer**

The Salzkammerweg is a beautiful and scenically extremely varied circular tour around the Hoher Sarstein, east of Lake Hallstatt. You hike over alpine pastures, come across waterfalls and viewpoints with some refreshment stops along the way. The cross-regional circular hiking trail between Upper Austria and Styria

presents itself with a lot of variety. At marked experience points, agricultural, geological, historical and prehistoric features are reported. In stages, you can explore the surroundings according to historical eras or traditional use. Starting with the World Heritage region along Lake Hallstatt, the "Path through the Wilderness" follows, which also touches the Koppenbrüller Cave. On the following section of the route "Historic Salt Trail" you will learn a lot about the salt that gave this region its name. The last hiking route, the Roman Trail, provides an insight into life in Roman times. Embark on an eventful hiking tour in the inner Salzkammergut.

## Highlights

- + **HIKING EXPERIENCE IN THE UNESCO WORLD HERITAGE REGION OF HALLSTATT-DACHSTEIN / SALZKAMMERGUT**
- + **IMMERSE YOURSELF IN CULTURE AND CUSTOMS ON A VARIETY OF TOPICS**
- + **"LONG-DISTANCE HIKING TRAIL – FOLLOW YOUR OWN RHYTHM" EXPERIENCE**
- + **OVERNIGHT STAY IN THE UNESCO NATURAL AND CULTURAL HERITAGE TOWN OF HALLSTATT**
- + **HIKING AREAS RICH IN ALPINE PASTURES WITH PROMISING SNACK BARS**

## The course of your hiking tour:

### Day 1: Individual arrival in the health resort of Bad Goisern

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The pretty spa town with its outstanding geographical location on Lake Hallstatt attracts sports and mountain enthusiasts in summer and winter. Depending on your arrival time, a leisurely hike along the Traun on the Traunreiterweg to the Weißenbach district is worthwhile to 'warm up'. From the Goiserer Bridge you are accompanied by the tireless roar of the Traun to the Weißenbach Bridge. This easy path is one of the most popular walking paths in the former lumberjack village. At the hotel in Bad Goisern you will receive your travel documents (1 night in Bad Goisern).

### Day 2: Along the mystical Lake Hallstatt

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On the way to Lake Hallstatt, you will pass through the small village of St. Agatha with a real gem - the little church of St. Agatha. The lifeline of the Salzkammergut is the mountain river Traun; it rises in the Dead Mountains in Styria and also flows through Lake Hallstatt. The following section on the eastern shore of Lake Hallstatt is unobstructed, the view of the Dachstein mountains is fantastic and the route is spectacular. The flank of the Sarstein plunges almost vertically into the lake here, and the walkway suspended above the water gives the impression of walking above the water. We continue to Obertraun and spend the night in Hallstatt. With its shingle-roofed houses, picturesque half-timbered houses and pastel facades, church towers and market square, Hallstatt nestles perfectly in the scenery between mountains and lake (1 night in Hallstatt).

**Hiking: 5 hours (approx. 18 km, ascent: 115 m in height / descent: 100 m in height)**

### **Day 3: Through the wilderness of the Koppen Valley**

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The route returns to Obertraun, where the Koppentraun flows into Lake Hallstatt. This is also where the hike through the gorge-like, wildly romantic valley of the mountain river begins. A number of well-signposted adventure stations, where interesting facts about natural features, primeval traces or the bold railway line from the 19th century can be experienced. Special attractions are the water-bearing Koppenbrüller stalactite cave (admission and guided tour included!), an old railway tunnel, the mighty avalanche gullies descending from the Hoher Sarstein (1,975 m) and the suspension bridge over the wild Koppentraun. In Sarstein the gorge opens up again and Bad Aussee comes into view (1 night in Bad Aussee).

**Hiking: 6 hours (approx. 20 km, ascent: 340 m in height / descent: 200 m in height)**

### **Day 4: On historical paths around the Sarstein**

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From Bad Aussee in Styria you first hike on the old salt trail. The local salt is the only salt in Austria that is still quarried from the mountain as rock salt. The Alpine Garden is worth seeing, where about 2000 species of alpine plants as well as plant rarities from all over the world thrive. In specially built themed gardens, medicinal plants, aromatic herbs and much more are presented. From the observation tower of the Pflindsberg ruins from the year 1,250 a.d., there is a magnificent view. The theme trail now turns into the so-called Roman trail; for example, the beginnings of the settlement of Michelhallberg, which you cross, are

documented as early as Roman times. This is followed by a section richly dotted with beautifully situated alpine pastures, such as the dilapidated Oberleislingalm. Arrived in Bad Goisern you have reached the province of Upper Austria again (1 night in Bad Goisern).

**Hiking: 6-7 hours (approx. 19 km, ascent: 500 m in height / descent: 660 m in height)**

## **Day 5: Individual departure or extra nights**

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If you have the opportunity to extend your stay in sun-drenched Bad Goisern, the repertoire of discoveries is far from exhausted, such as a visit to the craftsman's house, where traditional, old craftsmanship is vividly conveyed. Additional nights can be booked. Otherwise, the return journey will take place today.



© Elisabeth Carda

## GENERAL INFORMATION:

Daily stages are introductory to moderately difficult, hiking distances can be adjusted easily by public transport. A reasonable fitness level and basic hiking equipment like good hiking shoes, rucksack, rain and sun protection, functional clothing and also a warmer jacket or pullover are necessary to enjoy your trip.

## Arrangement

- 4x** Overnight stay with breakfast buffet in \*\*\*hotels/inns
- 1x** welcome video with explanations and information that you need for the tour
- 1x** entrance and guided tour in the Koppenbruellerhoehle cave (May – End of September)
- 1x** map and information material (1 x per room)
- 1x** Welcome schnapps
- 1x** Salzkammergut Souvenir
- +** Daily luggage transfer - max. 2 pcs./person and max. 25 kg/piece of luggage
- +** A tree for your booking – we plant a tree for your booking
- +** Service hotline daily from 8.00 - 18.00 o'clock (also on weekends)

## Rates per person and arrangement in €:

	22.04. – 01.07.24 01.09. – 18.10.24	01.07. – 01.09.24
in double room with breakfast	515,--	535,--
Supplement half board (minimum 2 course dinner)	139,--	139,--
Supplement for single room	139,--	139,--
Additional night in double room/with breakfast	70,--	70,--
Additional night in double room/with breakfast in Hallstatt	80,--	80,--
Supplement for additional night half board	23,--	23,--

22.04. - 01.07.24  
01.09. - 18.10.24

01.07. - 01.09.24

**Supplement for additional night in single room (except Hallstatt)**

20,--

20,--

**Day of arrival**

daily

daily

The local tax, also known as visitor's tax, is payable locally to the landlord; the amount depends on the resort and is between €1,00 and €4,00 per person per night. Children up to the age of 15 are usually exempt.

**Reduction for children sleeping in their parents' room (2 fully paying guests, maximum 2 children):**

0 - 2,9 years: 100 %

3 - 14,9 years: 30 %

**Accommodation:**

Twin-bedded rooms in Austrian resorts are normally one large base with two mattresses/duvets. These are also known as 'Austrian Twins' and are regarded as two beds. Separate twin beds are rare and cannot be guaranteed as available.

Location of the accommodation are mainly close to the trails.

**Information for arrivals by car:**

The parking place does not always situate next to the accommodation but on a public parking place.

(Possibly costs have to be paid on spot)

Dogs are welcome - on request. Extra charge on site. In Austria there is a general leash and muzzle obligation!

**The standard terms and conditions of the Salzkammergut Touristik GmbH apply in the current version.**

**Rates and operating hours / timetables are subject to change**

**Our recommendations:**

**Get a travel cancellation insurance.**

Discounts for children sharing parents' room (2 full-paying adults, maximum 2 children):

0 - 5,9 years: 100%

6 - 14,9 years: 30%

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## Informations



For environmental reasons, we recommend arriving and departing by public transport (train/bus). We are happy to help you organise your train journey within Austria. Talk to us!

### "A tree for your booking" - Cooperation project with Austrian Federal Forests

For every bike or hiking tour in the region booked with us, a tree is planted in the Weißenbach valley - near Bad Ischl. With this campaign we want to generate awareness for climate-friendly travel and take responsibility for a world worth living in.



The **UNESCO World Heritage List** currently lists 1,154 natural and cultural sites from 167 countries worldwide. The excellent cultural and natural monuments have an extraordinary universal value that must be preserved in the long term. Austria is represented with 10 World Heritage Sites.