

Cycling in the Salzkammergut

Circular Cycle Tour

by bike all over the Salzkammergut

- ✓ **WITH LUGGAGE TRANSFER**
- ✓ **OVERNIGHT IN 3* AND 4* HOTELS/INNS**
- ✓ **ARRIVAL DAILY POSSIBLE**



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Mountains are not just a challenge for me. They are also a place of peace. As soon as I'm outside, my head clears. I go upwards and when I'm back I'm a different person.

Peter Habeler, Austrian mountaineer, *1942

Crystal-clear lakes, historic towns and picturesque villages - the idyllic Salzkammergut is probably one of the most scenic regions in the Alps. Unique is the mining of salt, which reaches far into history and has a lasting impact on the cultural area. These characteristics also convinced the Unesco Committee, which included the Hallstatt - Dachstein/Salzkammergut region in the list of Unesco World Heritage Sites in 1997.

During the bike tour, the fairytale-like landscape, a combination of refreshing lakes, lush green lovely alpine pastures and mountains, can be discovered from the saddle. The trail leads to six of the most popular lakes, past impressive mountain peaks, such as the bizarre rocks of the up to 2,995 meters high Dachstein massif, and to cultural sights of the region. Many Salzkammergut lakes get pleasantly warm in summer and invite you to take a swimming break; these include, for example, the deep blue Traunsee, the impressive Mondsee and the turquoise-blue Attersee. Look forward to a spectacular week and relaxed cycling.

Highlights

- + **UNESCO WORLD HERITAGE REGION OF LAKE HALLSTATT WITH HALLSTATT**
- + **SELECTED LAKESIDE CYCLE PATHS IN FRONT OF A UNIQUE MOUNTAIN BACKDROP**
- + **BOAT TRIP ACROSS LAKE TRAUNSEE, THE GATEWAY TO THE SALZKAMMERGUT**
- + **ENJOY THE AMBIENCE IN THE ONCE IMPERIAL SUMMER RETREAT IN BAD ISCHL**
- + **MULTIFACETED LAKE WOLFGANG WITH A LOT OF CULTURAL CHARM**

The course of your cycling tour:

Day 1: Individual arrival in the former imperial summer residence of Bad Ischl

Ischl became known as a holiday destination of European standing from the middle of the 19th century, when Emperor Franz Joseph began to spend the holidays in his summer residence in Ischl. In 1906, the small town in the heart of the Salzkammergut was awarded the title of "health resort". At the beginning of the trip, visit the famous Café Zauner and enjoy the delicious pastries of the region. The detailed travel documents are ready for you at the hotel.

(1 night in Bad Ischl)

Day 2: Wildly romantic Weißenbach valley

At the start from Bad Ischl, down the Traun, you reach the Weißenbach valley in Mitterweißenbach, a scenic treat in the Salzkammergut. The cycle path through the wildly romantic mountain valley leads over long stretches through wooded area near the stream, which has largely retained its original bed. In the village of Weißenbach you come to the Attersee. Depending on your mood and condition, you could still circle the Attersee in the afternoon (approx. 50 kilometres). Due to its turquoise-blue colouring in summer, it is called the 'Sea of the Salzkammergut'.

(1 night in Weißenbach a. Attersee)

~19 km, altitude difference ascent 299 m / descent 289 m

Day 3: 4-Lakes-Day-Tour

The predominantly flat route to Mondsee runs via Unterach a. Attersee. On the western shore of Mondsee, the narrow road winds beautifully directly along the lakeshore. On the other side of the lake, the famous view opens up to the striking, steeply sloping Drachenwand, whose ridge marks the border between the provinces of Salzburg and Upper Austria. The route continues via St. Lorenz with a short ascent to the Scharflinger Höhe to Lake Wolfgang. The cycle path now leads over the picturesque Krottensee. Soon the Mozart town of St. Gilgen is reached. Below the road, the pretty little town with its villas and the birthplace of Mozart's mother nestles on the shore. On the lakeside cycle path of Lake Wolfgang, you go near the Blinkingmoor nature reserve to Strobl.

(2 nights at Lake Wolfgang).

~42 / 48 km, altitude difference ascent 594 m / descent 534 m

Day 4: Relaxing day at Lake Wolfgangsee

Enjoy the day off in the beautiful landscape at Lake Wolfgang. A visit to the famous pilgrimage site of St. Wolfgang, for example, is a good idea. During a stroll along Marketstreet, you will reach the magnificent pilgrimage church and the world-famous inn "Weißes Röbl", located directly on the lake. By the way, Austria's steepest cogwheel railway starts from St. Wolfgang to the panoramic Schafberg. From the almost 1,800-metre-high summit, a magnificent panorama opens up over other peaks and several lakes of the Salzkammergut.

Day 5: Along the river Traun to Lake Traun

With the first few kilometres, you can enjoy a bike tour on the old railway line of the Ischler Railway. From Weißenbach near Strobl, the route leads via Pfandl, where brine was boiled to get salt as early as the 12th century. Along the small river Ischl you soon reach the former imperial city, Bad Ischl. From here you follow the Traun to Ebensee. The Ebensee Bay on the southern shore of Lake Traun offers optimal conditions for water sports enthusiasts under sail in summer. It is a spectacle for the eye, like on Lake Garda with a special wind, to watch the many surfers perform their tricks. With a ship of the shipping company we now go across the lake to the inn "Hoisn". By bike you circle the north shore of the lake, experience Gmunden and follow the shore path to Traunkirchen, whose 1000-year-old monastery is beautifully situated on a peninsula, and on to Ebensee. Via Bad Ischl and following the Traun upstream, you reach today's stage destination Bad Goisern.

(1 night in Bad Goisern)

~76 km, altitude difference ascent 569 m / descent 644 m

Day 6: At the mystical Lake Hallstatt

The following section on the eastern shore of Lake Hallstatt, which is reminiscent of a Norwegian fjord, is unobstructed, the view of the Dachstein mountains including the glacier is fantastic and the route is spectacular. In Obertraun, there is the possibility of a detour to the idyllic village of Hallstatt on the other side of the lake, an almost perfect ensemble of narrow streets and historic houses.

At the southern end of the lake you come to the water-bearing Koppenbrüller stalactite cave, where the shady gorge-like Koppental begins. About halfway through the route, the climb up the pass road begins. The path leads over the Koppentretalm, the Koppenpass and down to the overnight stay in the brine spa Aussee.

(1 night in Bad Aussee)

~27 km, altitude difference ascent 535 m / descent 361 m

Day 7: Through the Inner Salzkammergut

On the way back from Bad Aussee to Lake Hallstatt, you cross the border between the provinces of Styria and Upper Austria. Again you follow the Traun, refreshing lifeline of the Salzkammergut, which rises in the Totes Gebirge in Styria, to Lake Hallstatt and the east bank cycle path. Bad Goisern, an El Dorado for mountain bikers, is passed until Bad Ischl comes into view and with it the end of the cycle tour.

(1 night in Bad Ischl)

~35 km, altitude difference ascent 310 m / descent 490 m

Day 8: Individual departure or additional nights

For all those who want to spend even more time in the Salzkammergut, additional nights can be reserved. How about a trip to the Rettenbach Valley, which is rich in alpine pastures, followed by a gorge? If you prefer to be pampered, the thermal bath in Bad Ischl is recommended; here you can relax wonderfully.

Otherwise, today it is time to say goodbye to the Inner Salzkammergut.



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GENERAL INFORMATION:

The cycle tours don't have any technical difficulties, there are only very few ascents! A reasonable fitness level is necessary to enjoy this trip as well as cycle equipment like sneakers, rucksack, sun- and rain protection, comfortable sports cloths, jacket, jumper, and so on. The routes are suited for trekking bikes - mostly they are asphalted cycle paths, a few stretches are gravel and forest paths. Should you want to spend a quiet day, you can cover most distances by public transport like bus, train or boat.

Arrangement

- 7x Overnight stays with breakfast buffet in ***hotels / inns (in Bad Ischl ****)**
- 1x welcome video with explanations and information that you need for the tour**
- 1x Welcome drink**
- 1x cycling map - Salzkammergut area and further information (1 x per room)**
- 1x Boat trip on Lake Wolfgangsee (Fuerberg to Ried) incl. bicycle**
- 1x Boat trip on Lake Traunsee (Ebensee to Gasthof Hoisn) incl. bicycle**
- 1x Salzkammergut Souvenir**
- + Daily luggage transfer - max. 2 pcs. / person and max. 25 kg / piece of luggage**
- + A tree for your booking – we plant a tree for your booking**
- + Daily cycle and break-down service from 8 am – 6 pm (only for rented bikes)**
- + Service hotline daily from 8 am – 6 pm (also on weekends)**

Rates per person and arrangement in €:

	19.05. – 01.07.25 01.09. – 04.10.25	01.07. – 01.09.25
2x 4* hotel in Bad Ischl + 5 x 3*hotels/inns in double room with breakfast	885,00	935,00
Supplement half board per week (min. 2 course dinner)	259,00	259,00
Supplement single room per week	265,00	265,00
Additional night double room with breakfast	72,00	72,00
Additional night double room in Hallstatt with breakfast	82,00	82,00
Additional night supplement for half board	25,00	25,00
Additional night supplement for single room	22,00	22,00
Additional night in Bad Ischl	on request	on request
Arrival day	daily	daily

The local tax, also known as visitor's tax, is payable locally to the landlord; the amount depends on the resort and is between 1,00€ and 4,00€ per person per night. Children up to the age of 15 are usually

exempt.

Discounts for children sharing parents' room (2 full-paying adults, maximum 2 children):

0 - 5 years: 100%

6 - 14 years: 30%

Accommodation:

Twin-bedded rooms in Austrian resorts are normally one large base with two mattresses/duvets. These are also known as 'Austrian Twins' and are regarded as two beds. Separate twin beds are rare and cannot be guaranteed as available.

Location of the accommodation are mainly close to the trails.

Information for arrivals by car:

The parking place does not always situate next to the accommodation but on a public parking place.

(Possibly costs have to be paid on spot)

The standard terms and conditions of the Salzkammergut Touristik GmbH apply in the current version.

Rates and operating hours / timetables are subject to change

Our recommendations: Get a travel cancellation insurance.

Bike rental

Rates per bike in €	Weekly rate (7=6)
Trekking bike 21-gear KTM	108,00
E-Bike Flyer (from 158 cm)	216,00
Mountain bike	185,00
E-mountain bike hard tail	282,00
E-mountain bike fully	342,00
Children's bike (up to 145 cm)	90,00
Child's seat (max. 1 seat per bike)	90,00
Children's trailer	90,00
1 Bicycle-bag	18,00
Helmet	18,00
Mobile phone holder	18,00

Please note: Price on request for extra-large bikes (body height [gt] 190 cm)

- We strongly recommend the use of helmets! *For children up to 11,9 years, helmets are mandatory to wear in Austria (also in child bike seats or trailers)*
- E-Bike suitable for 12 yrs or older
- Loss of the bicycle key: charge of 20,00 €.
- The tenant is liable for damage or theft.

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Informations



For environmental reasons, we recommend arriving and departing by public transport (train/bus). We are happy to help you organise your train journey within Austria. Talk to us!

"A tree for your booking" - Cooperation project with Austrian Federal Forests

For every bike or hiking tour in the region booked with us, a tree is planted in the Weißenbach valley - near Bad Ischl. With this campaign we want to generate awareness for climate-friendly travel and take responsibility for a world worth living in.



The **UNESCO World Heritage List** currently lists 1,154 natural and cultural sites from 167 countries worldwide. The excellent cultural and natural monuments have an extraordinary universal value that must be preserved in the long term. Austria is represented with 10 World Heritage Sites.

The European Capital of Culture Bad Ischl Salzkammergut 2024 brings the diversity of historically rooted and contemporary art and culture to the forefront and raises it to an international level.



Level of difficulty

Beginner - Moderate: mostly flat to slightly hilly with a few climbs.