



# BergeSeen E-Trail - Tour 3 2025

## 3 Salzkammergut regions in 6 days

Enjoy breathtaking view in Ausseerland, imperial flair in Bad Ischl and a real nature experience in the Traunsee-Almtal region

- ✓ **WITH LUGGAGE TRANSFER**
- ✓ **STAYING IN \*\*\*HOTELS / INNS**
- ✓ **ARRIVAL DAILY POSSIBLE**



**In the Salzkammergut area also E-mountain bikers reach high up!**

The Salzkammergut is one of the most beautiful mountain biking regions in Austria. The unique and varying natural landscape with the spectacular views, extensive forests, clear mountain streams and lush meadows give you the necessary energy kick to manage this sporting challenge. Steep climbs are rewarded with magnificent views.

Take over the Salzkammergut region between mountain heights and crystal-clear lakes, spare no metres in altitude and reach your destination tired, but happy!



# Routing:

## 1. Day: Individual arrival in Bad Aussee

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You will receive your detailed travel documents at your accommodation.

Overnight stay in Bad Aussee

## 2. Day: Bad Aussee – Bad Mitterndorf – Grundlsee – Bad Aussee

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~ 68 km difference in altitude: ascent 1171, descent 1079 m; ca. 4,5 - 5 hrs.

Today's tour takes you past the Sarstein Forest where you can enjoy the panoramic view with Loser, Sandling and Dachstein. Continue along the Kainischtraun and around the Ödensee past the Steinitzenalm and the Salzastausee to Bad Mitterndorf. From there along the Salza to the highest point of this stage, the Klaushöfl at 1200 m, downhill to Grundlsee with a small jump into the lake before continuing along the lake back to Bad Aussee.

Overnight stay in Bad Aussee

## 3. Day: Bad Aussee – Bad Ischl

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~ 38 km, difference in altitude: ascent 1091, descent 1292 m; ca. 5 hrs.

You start today's tour in Bad Aussee towards Altaussee. Pass the ruins Pflindsberg and the Schlosswiese. Enjoy a short break here on the Halleralm before you take the way in Pichlern to the cave entrance Scharzenbachloch. The trail continues past the Rossmoosalm and the Berghof Predigstuhl. Passing a variety of tunnels from the salt extraction, we finally reach the finish of the stage to Bad Ischl.

Overnight stay in a 4\* hotel in Bad Ischl



## 4. Day: Bad Ischl – Grünau im Almtal

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~ 75 km, difference in altitude: ascent 1395, descent 1333 m; 5,5 hrs.

The trail takes you along the Traun to Ebensee. It continues from Ebensee through Traunkirchen via Neukirchen to Altmünster and Gmunden. From Gmunden past the Traunstein to Almegg and on to Grünau im Almtal.

Overnight stay in Grünau

## 5. Day: Grünau im Almtal – Bad Ischl - Bad Aussee

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~ 56 km to Bad Ischl, difference in altitude: ascent 1167, descent 1206 m; 4,5 hrs.

Today's tour starts in the direction of Almsee from where it continues uphill to Offensee. From Offensee a downhill trail leads you to the Offensee district road from where you continue on a Uphill trail and a shared trail to Rindbach and then to Ebensee. From here it continues along the Traun back to Bad Ischl. You can cycle further to Bad Aussee or take the train to Bad Aussee.

Overnight stay in Bad Aussee

## 6. Day: Individual departure

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or additional nights





© Salzkammergut - Katrin Kerschbaumer

## GENERAL INFORMATION:

### Accommodation:

Twin-bedded rooms in Austrian resorts are normally one large base with two mattresses/duvets. These are also known as 'Austrian Twins' and are regarded as two beds. Separate twin beds are rare and cannot be guaranteed as available.

### Information for arrivals by car:

The parking place does not always situate next to the accommodation but on a public parking place.  
(Possible costs have to be paid on spot)

The standard terms and conditions of the Salzkammergut Touristik GmbH apply in the current version. Prices are subject to change.

Due to environmental reasons we recommend arriving and departing by public transportation.



We recommend travel cancellation insurance.

## Arrangement

- 4x** overnight stay in \*\*\*inns / hotels with breakfast buffet
- 1x** overnight stay in \*\*\*\* hotels with breakfast buffet in Bad Ischl
- 1x** welcome video with explanations and information that you need for the tour
- 1x** Mountain bike map Salzkammergut and further information material (1 x per room)
- 1x** all stages in electronic mode (GPX-Tracks)
- 1x** Almtal "Genuss-Lizenz"
- 1x** train ride from Bad Ischl to Bad Aussee
- 3x** luggage transfer - max. 2 pcs. / person and max. 25 kg / piece of luggage
- +** Only for rented bikes: repair kit with tube and bicycle pump
- +** Service hotline daily from 8 am – 6 pm (also on weekends)
- +** A tree for your booking – we plant a tree for your booking

### Rates per person for the arrangement in €:

	15.05. – 01.07.25 01.09. – 09.10.25	01.07. – 01.09.25
***hotels/inns in double room with breakfast	735,00	773,00
Supplement half board (min 2 course dinner)	132,00	132,00
Supplement for single room	140,00	140,00
Additional night on request		
Arrival day	Daily	Daily

The local tax, also known as visitor's tax, is payable locally to the landlord; the amount depends on the resort and is between 1,00€ and 4,00€ per person per night. Children up to the age of 15 are usually exempt.



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Rates and operating hours / timetables are subject to change

Our recommendations: Get a travel cancellation insurance.

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## Bike rental 2024

	Tour rate per bike in €
E-mountain bike hard tail	235,00
E-mountain bike with full suspension	285,00
Helmet	15,00
Mobile phone holder	15,00
Bike delivery and pickup per bike	50,00

Please note: Price on request for extra-large bikes (body height [gt] 190 cm)

- We strongly recommend the use of helmets!
- E-Bike suitable for 12 yrs or older
- Loss of the bicycle key: charge of 20,00 €.
- The tenant is liable for damage or theft.

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## Informations

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### "A tree for your booking" – Cooperation project with Austrian Federal Forests

For every bike or hiking tour in the region booked with us, a tree is planted in the Weißenbach valley – near Bad Ischl. With this campaign we want to generate awareness for climate-friendly travel and take responsibility for a world worth living in.

### Level of difficulty

Demanding: mountain bike required; gravel roads and mountain bike trails - challenging terrain with some steep climbs, good fitness and experience are required

